

INTERIM LIFEFACT INTERVIEW OUTLINE

Below, you will find the self-interview questions that were presented in the late 1980's, to cryonicists preparing backup information to aid in restoring memories in the event reanimation was unable to do this to an acceptable degree.

These are presently under revision, to adapt them to the context of use by Terasem Joiners, C-cubes, C-quads and others who wish to augment other mindfiles with CyBeRev or LifeNaut, for more completeness or for a quick-start beginning.

Once revised, these self-interview stimuli will be accompanied by more complete suggestions as to use, both as to technology and the form of inputs, whether by text, audio or full video recording. We appreciate your patience, at this point.

Interim suggestions for use:

(1) Copy the below questions into a word processor and add your text responses, for each item. Be as complete as you wish. Include detail as to both your thoughts and feelings. Emotions are as important as ideas.

(2) Read the entire text, both the items below and your responses, into a digital recorder, such as the Sony ICD-PX820 or ICD-PX312. Dramatize your feelings and sense of importance of ideas by both tones of voice and how softly or strongly you speak, especially in reading your responses.

(3) Make reference to photographs that you have labeled with numbers in advance, and if they are physical form vs. digital, photograph them and place your label numbers in their file names.

(4) Upload all of this into your CyBeRev and/or LifeNaut account files. You will have made an excellent start, pending the revisions described above. As backup, you might wish to share the files with others you trust.

(5) Revisit this site later, after the below items have been revised to reflect the context of Terasem's goals, and repeat the process. You will find that your responses have evolved, as well as the scope of the ideas addressed.

(6) Again, thank you for your patience. If time is limited, brief responses are far better than none at all. Repeated cycles, taking more time when that is convenient, will confirm earlier ones and add important detail.

(7) If you do not presently have arrangements for cryonic suspension, you may wish to answer as if you did have such arrangements, thus foreseeing a time when that might be the case. In any event, it will broaden your insights as to this possible pathway others might have chosen, and enable you to relate to them more easily.

Boundless Life, and, Terasem Consciousness Forever,

Fred & Linda Chamberlain

LifePact Self-Interview Questionnaire

Please read each of the following items in turn, and then respond by entering text, after each. Then, as suggested above, you may wish to make a voice recording, referring to photographs that you can add to the text and voice recordings, and upload into CyBeRev and/or LifeNaut.

1. Name, date and place of birth.
2. Discuss places where you lived: Dates, locations, with whom. Did you grow up in a rural or an urban environment?
3. Were your parents happily married? Divorced? Did these influences strengthen or weaken you?
4. Did you have brothers or sisters? Were these pleasurable or painful relationship? What the best and/or worst memories you have of these siblings?
5. What about other relatives (grandparents, children, grand children, uncles/aunts/cousins)? Other adults close to you?
6. Historical summary - times/events when you grew up. How did these contribute to your development?
7. Any other unforgettable memories of your early childhood? The happiest? The unhappiest? The most rewarding?
8. As a child, did you have any major conflicts with your parents or others around you?
9. Did you ever feel estranged from society or friends? What age were you? What happened?
10. Did you ever question authority? How? Was this painful, or pleasurable for you? What age were you?
11. Were "accepted truths" bewildering or anger provoking? What age?
12. Did you like school? Favorite subjects? Pleasant and/or unpleasant aspects?

13. Did you acquire any major understandings or "life lessons" during your school years?

14. Recall the more important friends and acquaintances you have had. Start with early childhood and go on to adulthood. Discuss those people that most affected your life?

15. Marriages: Happy? Unhappy? How were you affected?

16. Have any children? Want more someday? Would you like clones?

17. Medical History and Medical Records: Operations, major illnesses, allergies, current problems that may be important in the future.

18. What were your early career interests? What career did you finally follow? Are you happy or unhappy about how things turned out?

19. Work history: Dates, Places, Companies, Education, Degrees, Awards, Job Descriptions, Military Service, etc.

20. Discuss your political outlook.

21. Discuss your religious beliefs.

22. When you think about the future, do you have positive or negative expectations? Discuss these.

NOTE: If you have extra time at about this point, you may want to incorporate some of the optional questions that follow:

23. If you could relive any part of your life, for a day, a week, any period really ... what would it be? Describe that era of your life and why you would want to re-live it.

24. Describe your current lifestyle. Are you happy with it? Would you want to change it? Why?

25. Do you have a generally happy life? Why or why not?

26. Do you have any achievements or outstanding events in your life in which you take pride?

27. Any best "mental age"? Special skills. Likes and dislikes?
28. What things would you like to do you have not done yet?
29. What would you change about your attitudes, if you could?
30. Hobbies? Sports?
31. Significant movies, books, and plays in your life? Your favorite form of art and/or music?
32. Earliest romance: What age? Who? What was s/he like?
33. Happiness/sadness? Later romances? Joys to remember?
34. Would you rather have been a different gender?
35. Sexual preferences? (Homosexual, Heterosexual, Bisexual).

(Other questions you would like to add? Add numbers and items!)

CRYONIC SUSPENSION ARRANGEMENTS INTERVIEW

101. Do you have any current medical problems? If so, please describe them.
102. Have you considered what you want done with your body after your legal death?
103. Do you understand what cryonic suspension is? Can you describe (in generalities) what is done when a person is frozen?
104. Do you understand that cryonic suspension is not a proven technology and that no promise can be made that it will be successful and that no promise can be made that future technology will be able to return you to a state of youth or health? Please discuss your understanding of these limitations and uncertainties.
105. When did you first make arrangements for cryonic suspension and how long have you had such arrangements in force?
106. Which cryonics organization did you make those arrangements with and what sort of involvement have you had with that and/or other cryonics organizations since you became involved?

107. Would you tell us why you made the decision to have yourself frozen when you die? What are your personal motivations on this matter?

108. Are your cryonics arrangements for whole body suspension or neuropreservation? Why? Would you discuss your understanding of the pros and cons of the option you have chosen?

109. Why is cryonics important to you?

110. Do you have any relatives who you feel would have any reason to interfere with your desire to be frozen?

111. How would you feel if your arrangements to be frozen were to be aborted by others who do not share your desires?

112. Do you feel others have an obligation not to interfere with your right to privacy in choosing your own medical treatment or disposition of remains?

113. It's been (how many?)_____years has it been since you originally made arrangements to be frozen. Have you changed your mind during that time about being frozen or do you still want to be frozen?

114. Do you understand what nanotechnology is? Do you understand why it may be important for cell repair technology? Please discuss this subject.

115. If cryonic suspension and future technology make it possible for you to be returned to a state of health and youth, do you think you will enjoy living in the future?

116. Do you have any other statement you would like to make about this subject?

CRYONICS REANIMATION AND/OR REPAIR PREFERENCES

201. Do you expect to be fully rejuvenated as part of the repair process at reanimation? Are you at all concerned that this would lessen your feeling of being "you"?

202. For a moment, explore what sort of brain repairs would be acceptable to you in terms of restoring you to life. In this, assume that all such procedures are commonplace for use with all hospital patients having head injuries ... like blood transfusions are (in the twentieth century) "standard practice" for those with traumatic injuries. In all cases, assume no more repair would be done than was necessary to get you back to a normal state of mind.

203. What about repairing some or all of your neurons to restore them to viability? (This might include repairing cell membranes, repairing internal working machinery of the cell, repairing breaks in axons and repairing their coverings.

204. How about replacing some of your neurons with functional equivalents? (This would be like replacing a vacuum tube with a transistor in an old radio – assume there would be no effect on your memory - remember that we are assuming these repair procedures have already proven to be acceptable in ordinary patients with head injuries).

205. What about replacing small networks of neurons with functional equivalents – or replacing groups of neurons?

(Remember that you have about 100 billion neurons.)

What about groups of?

206. 2 - 10 neurons?
207. 10 - 100 neurons?
208. 100 - 1000 neurons?
209. 1000 – 10,000 neurons?
210. 10,000 – 100,000 neurons? (1/10,000th percent)
211. 100,000 – 1,000,000 neurons (one thousandth of a percent)
212. Replace a hundredth of a percent?
213. Replace a tenth of a percent? (one out of each thousand)
214. Replace one percent?
215. Replace ten percent?
216. 25%? – 50%? – 75%? – All of them?

NOW, THINGS REALLY GET MESSY

MEMORY LOSS POSSIBILITIES

217. Assume that the best that can be done is to restore only part of your memory. How much loss would be acceptable to you if the outlook for improvement with more research was negligible?
218. Would 10% or less memory loss be the ONLY compromise acceptable?
219. Would 10-50% memory loss be acceptable?
220. Would more severe recollection losses be acceptable, as long as recognition losses were less than 50%?
221. Would even more severe memory losses be acceptable. (If you cannot relate to percentages, please just discuss how you feel about being reanimated without 100% of your memory.)
222. Suppose memory recovery could be improved by delaying your reanimation while more research is carried out! What delays for what improvements would be acceptable to you? The step referred to are steps up the scale used in the previous question.

MORE ITEMS REMAIN TO BE ADDED, FROM THE ORIGINAL LIFEFACT INTERVIEW ITEM LIST. IF YOU WOULD LIKE TO MAKE PERSONAL CONTACT, SO AS TO BE PLACED ON AN INFORMATION LIST TO RECEIVE NOTICES AS THIS SYSTEM IS REVISED AND FURTHER DEVELOPED, OR GET ADDITIONAL INSIGHTS ABOUT THE LIFEFACT IDEA, PLEASE EMAIL:

Fred Chamberlain, Teacher
Terasem Movement Transreligion